



Real Patisserie Allergen and Ingredient List – February 2026

(Please note: All products are prepared in an environment where gluten, walnuts, hazelnuts, almonds, sesame, eggs, milk and soya are present)

SPECIALITY BREAD	Ingredients	Allergens (Contains)	Allergens (May contain)	Shelf Life
CHEWY BROWN	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Rye Flour, Malted Barley Flour, Yeast, Salt, Gluten , Malted Wheat Flour, Malt Extract, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye, Barley	Eggs, Milk, Sesame	2 days
NUTTY CHEWY	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Rye Flour, Malted Barley Flour, Yeast, Walnuts , Hazelnuts , Salt, Gluten , Malted Wheat Flour, Malt Extract, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye, Barley; (Tree) Nuts: Walnuts, Hazelnuts	Eggs, Milk, Sesame	2 days
FRUITY CHEWY	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Rye Flour, Malted Barley Flour, Yeast, Sultanas, Dried Apricot (Apricot, Rice Flour, Sulphur Dioxide E220) (Sulphites), Dried Cranberries, Salt, Gluten , Malted Wheat Flour, Malt Extract, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye, Barley; Sulphites	Eggs, Milk, Sesame	2 days
CHEWY WHITE	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rye Flour, Salt, Yeast, Malted Wheat Flour, Antioxidant (Ascorbic Acid), Rye Malt Flour	Cereals containing gluten: Wheat, Rye	Soya	2 days
STONEGROUND AND RYE SOURDOUGH	Water, Wheat Flour, Light Rye Flour (Rye Flour, Antioxidant (Ascorbic Acid), Rye Malt Flour), Sugar, Salt, Yeast	Cereals containing gluten: Wheat, Rye	Soya	2 days
WHITE SOURDOUGH	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rye Flour, Salt, Antioxidant (Ascorbic Acid), Rye Malt Flour, Malted Wheat Flour	Cereals containing gluten: Wheat, Rye	Soya	2 days
SEEDED SOURDOUGH	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rye Flour, Salt, Sunflower Kernels, Golden Linseeds, Brown Linseeds, Pumpkin Seeds, Organic Hulled Millet Seeds, Poppy Seeds, Antioxidant (Ascorbic Acid), Rye Malt Flour, Malted Wheat Flour	Cereals containing gluten: Wheat, Rye	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
FRENCH COB	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Yeast	Cereals containing gluten: Wheat		2 days
MULTICEREAL	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Yeast, Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Rye Flour, Oatmeal , Barley Flour, Antioxidant (Ascorbic Acid), Roasted Barley Malt, Malted Wheat Flour, Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Oat; Sesame	Eggs, Milk, Soya	2 days



HONEY & SPELT	Spelt Flour, Water, Yeast, Sunflower Seeds, Coarsely-ground Lupin Seeds, Sesame , Spelt Flakes, Baker's Honey, Sugar, Dextrose, Thickener (E412), Barley Malt Extract, Emulsifier (E472e), Acidity Regulators (R339, E340), Flavouring, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley; Lupin; Sesame	Eggs, Milk, Mustard, Soya	2 days
RYE SOURDOUGH	Rye Flour, Water, Salt, Yeast, Antioxidant (Ascorbic Acid), Rye Malt Flour	Cereals containing gluten: Rye		2 days
NORDIC	Water, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Rye Flour, Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Sunflower Kernels, Pumpkin Seeds, Soy Grits, Cracked Rye , Organic Hulled Millet Seeds, Molasses, Sugar, Salt, Yeast, Oatmeal , Barley Flour, Wheat Gluten , Roasted Barley Malt, Malted Wheat Flour, Rye Malt Flour, Black Pepper, Antioxidant (Ascorbic Acid), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Rye, Oat; Soya; Sesame	(Tree) Nuts, Celery, Eggs, Milk, Mustard, Peanut, Sulphites	2 days
FOCACCIA Fresh Rosemary	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Potato Flakes, Extra Virgin Olive Oil, Fresh Rosemary, Salt, Yeast	Cereals containing gluten: Wheat		2 days
FOCACCIA Green and Black Olive	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Potato Flakes, Extra Virgin Olive Oil, Green Olives, Black Olives, Dried Thyme, Salt, Yeast, Brine, Sunflower Oil, Herbs de Provence, Citric Acid	Cereals containing gluten: Wheat		2 days
FOCACCIA Cheese and Red Onion	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Potato Flakes, Emmental Cheese (Pasteurised Cow's Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Red Onion, Extra Virgin Olive Oil, Dried Rosemary, Salt, Yeast	Cereals containing gluten: Wheat; Milk		2 days
CIABATTA	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Extra Virgin Olive Oil, Yeast	Cereals containing gluten: Wheat	Soya	2 days
SANDWICH LOAVES				
WHITE	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL	Wheat Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL with Mixed Seed	Wheat Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Antioxidant (Ascorbic Acid), Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days



LIGHTGRAIN	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Malted Wheat Flakes, Malted Barley , Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days
BAGUETTES				
WHITE BAGUETTE	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days
WHITE BAGUETTE with Sunflower Seeds	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Yeast, Sunflower Kernels, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE BAGUETTE with Poppy Seeds	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Yeast, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Mustard, Soya	2 days
TRADITIONAL BAGUETTE	Wheat Flour, Water, Rye Flour, Rye Malt Flour, Wheat Gluten , Malted Wheat , Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
WHITE SOFT HALF BAGUETTE (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Soft Roll Concentrate (Wheat Flour, Dextrose, Salt, Sugar, Preservative: E282, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid), Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Yeast	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
BAPS AND BUNS				
MILK BREAD	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour, Salt, Rye Leaven, Deactivated and Dehydrated Rye Sourdough, Wheat Gluten , Improver (Wheat), Vegan Egg Substitute, Antioxidant (Ascorbic Acid)	Eggs, Cereals containing gluten: Wheat, Rye; Milk	Mustard, Soya	2 days
MILK BREAD with Sunflower Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour, Salt, Rye Leaven, Deactivated and Dehydrated Rye Sourdough, Wheat Gluten , Improver (Wheat), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Sunflower Kernels	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days



MILK BREAD with Poppy Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour, Salt, Rye Leaven, Deactivated and Dehydrated Rye Sourdough, Wheat Gluten , Improver (Wheat), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Sesame, Soya	2 days
MILK BREAD with Golden Linseeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour, Salt, Rye Leaven, Deactivated and Dehydrated Rye Sourdough, Wheat Gluten , Improver (Wheat), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Golden Linseeds	Eggs; Cereals containing gluten: Wheat; Milk	Lupin, Milk, Mustard, Soya	2 days
MILK BREAD with Mixed Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour, Salt, Rye Leaven, Deactivated and Dehydrated Rye Sourdough, Wheat Gluten , Improver (Wheat), Antioxidant (Ascorbic Acid), Vegan Egg Substitute, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds, Pumpkin Seeds	Eggs, Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
WHITE (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast, Vegan Egg Substitute	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE Floured/Plain (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHITE with Sunflower Seeds (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast, Vegan Egg Substitute, Sunflower Kernels	Cereals containing gluten: Wheat	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE with Poppy Seeds (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast, Vegan Egg Substitute, Poppy Seeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE with Mixed Seeds (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast, Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days



WHITE with Cheese	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver (Wheat), Yeast, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch)	Cereals containing gluten: Wheat; Milk	Soya	2 days
PANINI (V)	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Improver (Wheat), Extra Virgin Olive Oil, Yeast	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL (V)	Wheat Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Wheat), Vegan Egg Substitute	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHOLEMEAL with Mixed Seeds (V)	Wheat Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Wheat), Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
BRIOCHE	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Butter (Milk), Sugar, Yeast, Salt, Glucose Syrup	Eggs; Cereals containing gluten: Wheat; Milk	Soya	2 days
BRIOCHE with Poppy Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Butter (Milk), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Soya	2 days
BRIOCHE with Sunflower Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Butter (Milk), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Sunflower Seeds	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Sesame, Soya, Sulphites	2 days
BRIOCHE with Mixed Seeds	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Butter (Milk), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
PASTRIES				
CROISSANT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Substitute	Cereals containing gluten: Wheat; Milk	Soya	2 days
PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Substitute	Cereals containing gluten: Wheat; Milk; Soya		2 days
VEGAN CROISSANT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Vegan Butter (Vegetable Fats and Oils (Shea; Coconut; Sunflower; Rapeseed, in varying proportions),	Cereals containing gluten: Wheat, Oat	Milk, Soya	2 days



	Water, Emulsifier (Mono and Diglycerides of Fatty Acids, Sunflower Lecithine), Acidifier: Citric Acid, Natural Flavouring), Water, Sugar, Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Yeast, Salt, Vegan Glaze			
VEGAN PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Vegan Butter (Vegetable Fats and Oils (Shea; Coconut; Sunflower; Rapeseed, in varying proportions), Water, Emulsifier (Mono and Diglycerides of Fatty Acids, Sunflower Lecithine), Acidifier: Citric Acid, Natural Flavouring), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Yeast, Salt, Vegan Glaze	Cereals containing gluten: Wheat, Oat; Soya	Milk	2 days
ALMOND CROISSANT	Sugar, Water, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Ground Almonds , Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Vegan Butter (Vegetable Fats and Oils (Shea; Coconut; Sunflower; Rapeseed, in varying proportions), Water, Emulsifier (Mono and Diglycerides of Fatty Acids, Sunflower Lecithine), Acidifier: Citric Acid, Natural Flavouring), Icing Sugar (Cane Sugar, Cornflour), Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Yeast, Dried Whole Milk Powder, Salt, Vegan Glaze	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley, Oat; Milk; Eggs	Peanut, Soya	2 days
ALMOND PAIN AU CHOCOLAT	Sugar, Water, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Ground Almonds , Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Vegan Butter (Vegetable Fats and Oils (Shea; Coconut; Sunflower; Rapeseed, in varying proportions), Water, Emulsifier (Mono and Diglycerides of Fatty Acids, Sunflower Lecithine), Acidifier: Citric Acid, Natural Flavouring), Icing Sugar (Cane Sugar, Cornflour), Calcium Carbonate, Niacin, Iron, Thiamin), Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Yeast, Dried Whole Milk Powder, Salt, Vegan Glaze	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley, Oat; Milk; Soya	Peanut	2 days
VEGAN ALMOND CROISSANT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Water, Ground Almonds , Almond Milk (Water, Almonds , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower))), Natural Flavouring, Vitamins (B2, B12, E, D2)), Cornflour, Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Almond Nibs, Icing Sugar (Cane Sugar, Cornflour), Sunflower Oil, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Oat	Milk, Peanut, Soya	2 days



	Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vanilla Extract (Ethanol), Vegan Egg Substitute			
VEGAN ALMOND PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Water, Ground Almonds , Almond Milk (Water, Almonds), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Cornflour, Oat Milk (Oat Base (Water, Oats , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), Almond Nibs, Icing Sugar (Cane Sugar, Cornflour), Sunflower Oil, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vanilla Extract (Ethanol), Vegan Egg Substitute	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Oat; Soya	Milk, Peanut	2 days
HAZELNUT PAIN AU CHOCOLAT	Sugar, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Butter (Milk), Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Ground Hazelnuts , Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier (Soya Lecithin)), Nibbed Hazelnuts , Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Substitute	(Tree) Nuts: Hazelnuts; Eggs; Cereals containing gluten: Wheat; Milk; Soya		2 days
PISTACHIO CROISSANT	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Milk , Butter (Milk), Water, Sugar, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Pistachios , Pistachio Paste (Roasted Pistachios , Colouring (E100, E141)), Creme Pâtissiere Powder (Corn Starch, Wheat Starch, Flavouring (Vanillin), Colouring (Beta-Carotenes)), Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Dried Whole Milk Powder, Yeast, Salt, Vegan Glaze	(Tree) Nuts: Pistachios; Eggs; Cereals containing gluten: Wheat; Milk	Peanut, Sesame, Soya, Sulphites	2 days
PAIN AUX RAISINS	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Pasteurised Whole Egg , Milk , Sultanas, Butter (Milk), Sugar, Water, Creme Patissiere Powder (Corn Starch, Wheat Starch, Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya, Sulphites	2 days
CHOCOLATE TWIST	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier (Soya Lecithin)), Butter (Milk), Water, Milk , Sugar, Pasteurised Whole Egg , Dried Whole Milk Powder, Creme Patissiere Powder (Corn Starch, Wheat Starch, Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk; Soya		2 days

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APPLE DANISH	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Apples, Water, Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Pasteurised Whole Egg , Flaked Almonds , Apple Compote (Apples, Sugar), Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Icing Sugar, Salt, Improver (Wheat), Ground Cinnamon	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
APRICOT DANISH	Water, Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
RED FRUIT DANISH	Water, Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Raspberries, Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
CINNAMON DANISH	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Butter (Milk), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Sugar, Dark Muscovado Sugar, Dried Whole Milk Powder, Ground Cinnamon, Vegetable Oil, Yeast, Salt, Improver (Wheat)	Eggs; Cereals containing gluten: Wheat; Milk	Sesame, Soya	2 days
CHEESE STRAW	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Water, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Salt, Pasteurised Whole Egg , Sea Salt Flakes, Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days



PATISSERIE

ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites , Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds , Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat; Milk	Peanut, Soya	2 days
PISTACHIO & RASPBERRY ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites , Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds , Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Pistachio Paste (Roasted Pistachios , Colouring (E100, E141)), Raspberries, Salt	(Tree) Nuts: Almonds, Pistachios; Eggs; Cereals containing gluten: Wheat; Milk	Peanut, Soya	2 days
VEGAN COOKIE	Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Light Muscovado Sugar, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Cornflour, Water, Baking Powder (Wheat), Bicarbonate of Soda, Salt	Cereals containing gluten: Wheat; Soya	Eggs, Milk, Sesame, Soya	2 days
ALMOND & APRICOT CHEW	Ground Almonds , Icing Sugar (Cane Sugar, Cornflour), Apricot Jam (Apricots, Glucose-Fructose Syrup, Sugar, Gelling Agent: Pectins, Acidifier: Citric Acid), Egg Whites (Egg Whites , Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Clear Blossom Honey, Lemon Zest	(Tree) Nuts: Almonds, Eggs	Peanut	2 days
CANELÉ	Milk , Butter (Milk), Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Sugar, Egg Yolks (Egg Yolk , Citric Acid (E330), Preservative (E202)), Spiced Rum (Alcohol), Vanilla Extract (Ethanol), Salt	Eggs; Cereal containing gluten: Wheat; Milk	Sesame, Soya	2 days

TARTS

APPLE (V)	Golden Delicious Apples, Apple Compote (Apples, Sugar), Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt	Cereals containing gluten: Wheat	Soya, Sulphites	2 days
APRICOT (V)	Vegan Puff Pastry (Wheat Flour (Wheat Flour , Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat	Peanut, Soya, Sulphites	2 days

Real

PÂTISSERIE

	Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Ground Almonds , Sugar, Almond Milk (Water, Almonds , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Cornflour, Sunflower Oil, Vanilla Extract (Ethanol), Almond Extract			
LEMON MERINGUE INDIVIDUAL	Sweet Pastry (Wheat Flour, Butter (Milk), Sugar, Cocoa Butter, Isomalt, Trehalose, Emulsifier (Soya Lecithin), Whey Powder, Salt, Barley Malt, Natural Flavouring), Sugar, Lemon Puree, Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Butter (Milk), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Water, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Cornflour	Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya		2 days
LEMON MERINGUE LARGE	Sugar, Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Lemon Puree, Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Icing Sugar (Cane Sugar, Cornflour), Water, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Cornflour, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Soya	2 days
CITRON INDIVIDUAL	Sweet Pastry (Wheat Flour, Butter (Milk), Sugar, Cocoa Butter, Isomalt, Trehalose, Emulsifier (Soya Lecithin), Whey Powder, Salt, Barley Malt, Natural Flavouring), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Lemon Puree, Sugar, Butter (Milk), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Lemon, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Cornflour	Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya	Sulphites	2 days
CITRON LARGE	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Icing Sugar (Cane Sugar, Cornflour), Lemon Puree, Sugar, Lemon, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Cornflour, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Sesame, Soya, Sulphites	2 days
AMANDINE	Sweet Pastry (Wheat Flour, Butter (Milk), Sugar, Cocoa Butter, Isomalt, Trehalose, Emulsifier (Soya Lecithin), Whey Powder, Salt, Barley Malt, Natural Flavouring), Ground Almonds , Sugar, Butter (Milk), Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Flaked Almonds , Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Snow Sugar (Sugar, Wheat Starch, Sustainable Palm Fat)	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya	Peanut, Sesame	2 days



ENGLISH CAKES

TUNISIAN ORANGE CAKE	Free Range Eggs , Sugar, Sunflower Oil, Ground Almonds , Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Fresh Orange Juice, Concentrated Lemon Juice (Sulphites), Baking Powder (Wheat), Orange Oil, Ground Cinnamon, Salt, Yeast	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Rye, Barley; Sulphites	Milk, Peanut, Soya	7 days
COFFEE & CHOCOLATE CAKE	Icing Sugar (Cane Sugar, Cornflour), Sugar, Vegan Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Self-raising Flour (Wheat Flour, Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Calcium Carbonate, Iron, Niacin, Thiamin), Free Range Eggs , Butter (Milk), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Coffee Essence, Whipping Cream (Milk), Water, Cocoa Powder (Cocoa Powder, Acidity Regulators: E501i, E525), Glucose Syrup, Baking Powder (Wheat), Pork Gelatine, Chocolate Coffee Beans (Sugar, Cocoa Mass, Cocoa Butter, Mocha Paste (Cocoa Butter, Coffee, Natural Aroma), Natural Vanilla Flavour, Emulsifier (Sunflower Lecithin), Glazing Agents (Arabic Gum, Shellac))	Eggs; Cereals containing gluten: Wheat; Milk; Soya		7 days
SPICED ORANGE CARROT CAKE	Icing Sugar (Cane Sugar, Cornflour), Carrots, Butter (Milk), Sugar, Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Wheat Flour (Wheat Flour, Wheat Gluten, Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Ground Almonds , Fresh Orange Juice, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Milk , Orange Zest, Baking Powder (Cereal Containing Gluten: Wheat), Ground Cinnamon, Agar Agar, Ground Nutmeg	(Tree) Nuts; Eggs; Cereals containing gluten: Wheat; Milk	Peanut, Sesame, Soya	7 days
LEMON & LIME CAKE	Icing Sugar (Cane Sugar, Cornflour), Butter (Milk), Sugar, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Vegan Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Self-raising Flour (Wheat Flour, Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Calcium Carbonate, Iron, Niacin, Thiamin), Milk , Lime Puree, Lemon Puree, Cornflour, Lemon Zest, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Lemon Oil, Lime Zest, Baking Powder (Cereal Containing Gluten: Wheat), Agar Agar	Eggs; Cereals containing gluten: Wheat; Milk	Peanut, Soya	7 days
VEGAN BISCOFF & CHOCOLATE CAKE	Icing Sugar (Cane Sugar, Cornflour), Soya Milk (Soya Base (Water, Hulled Soya Beans), Sugar, Acidity Regulator (Potassium Phosphate), Calcium Carbonate, Flavouring, Sea Salt, Stabiliser (Gellan Gum), Potassium Iodide, Vitamins (B2, B12, D2)), Wheat Flour (Wheat Flour, Wheat Gluten, Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Vegan Margarine (Plant Oils (Rapeseed, Sunflower, Sustainable Palm), Water, Salt, Plant-based Emulsifier (Lecithin), Vinegar, Natural Flavourings, Vitamin A, Carotenes), Apricot Jam (Apricots, Glucose-Fructose Syrup, Sugar, Gelling Agent: Pectins, Acidifier: Citric Acid), Cocoa	Cereals containing gluten: Wheat; Soya	Eggs, Milk, Sesame	7 days



	Powder (Cocoa Powder, Acidity Regulators: E501i, E525), Biscoff Spread (Caramelised Biscuits 58%, (Wheat Flour, Sugar, Vegetable Oils (Sustainable Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Citric Acid), Baking Powder (Cereal Containing Gluten: Wheat), Vanilla Extract (Ethanol), Bicarbonate of Soda, Salt			
DATE & ORANGE FLAPJACK	Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Light Muscovado Sugar, Dried Dates (Dates, Rice Flour), Oats , Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat))), Desiccated Coconut, Orange Juice From Concentrate, Golden Syrup, Water, Vanilla Extract (Ethanol), Orange Oil	Cereals containing gluten: Oat	(Tree) Nuts, Gluten, Milk, Peanut, Sesame, Soya	7 days
SALTED FUDGE BROWNIE	Caster Sugar, Butter (Milk), Free Range Eggs , Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat))), Cocoa Powder, Sea Salt Flakes, Salt	Eggs; Milk; Soya	Gluten	7 days
PLAIN SCONE	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Buttermilk (Skimmed Cows' Milk , Starter Culture), Butter (Milk), Sugar, Free Range Eggs , Baking Powder (Gluten)	Eggs; Cereals containing gluten: Wheat; Milk	Sesame, Soya	2 days
SULTANA SCONE	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Buttermilk (Skimmed Cows' Milk , Starter Culture), Sultanas, Butter (Milk), Sugar, Free Range Eggs , Baking Powder (Gluten)	Eggs; Cereals containing gluten: Wheat; Milk	Sesame, Soya	2 days
SAVOURY				
QUICHE LORRAINE	Quiche Pastry (Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Water, Salt), Milk , Pasteurised Whole Egg , Bacon (15%) (Pork Belly, Salt, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Ham Ends (12%), Whipping Cream (Milk), Mature Cheddar (Milk), Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
QUICHE VEGETARIAN	Quiche Pastry (Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Butter (Milk), Water, Salt), Milk , Pasteurised Whole Egg , Carrots, Leeks, Whipping Cream (Milk), Mushrooms, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202))	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
CHEESE SCONE	Wheat Flour (Wheat Flour, Wheat Gluten , Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Buttermilk (Skimmed Cows' Milk , Starter Culture), Mature Cheddar (Milk), Butter (Milk), Parmesan Cheese (Cows' Milk), Free Range Eggs , Baking Powder (Gluten), Sugar, Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Sesame, Soya	2 days



SPICY LENTIL ROLL

Carrots, **Wheat** Flour (**Wheat** Flour, **Wheat Gluten**, Antioxidant (Ascorbic Acid), Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sweet Potato, Red Lentils, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Onion, Sunflower Oil, Salt, Ginger Paste, Garam Masala, Coriander, Chilli Flakes, Black Pepper

Cereals containing gluten:
Wheat

(Tree) Nuts, Eggs,
Milk, Mustard,
Sesame, Soya

2 days



Cake Information

ALLERGENS NOTE

The cakes are prepared in a facility that handles cereals containing gluten, various nuts, milk-based products, soya and eggs.

We make every attempt to identify ingredients that may cause allergic reactions. Every effort is made to instruct our staff on the severity of food allergies. In addition, we highlight items with possible allergen- containing ingredients on our publicity and ingredients list.

We take great care to use separate equipment when preparing nut-free or gluten-free cakes. However, all our cakes are made in the same kitchen so please consider this if you have a severe allergy. There is also a possibility that manufacturers can change the formulation at any time, without notice. Customers concerned with food allergies need to be aware of this risk.

Because we want your cake eating experience to be perfect, we put extra effort into checking all our deliveries of nuts and fruit by hand for pieces of shell or fruit stone. However, please be vigilant in case any have slipped past our checks.

STORAGE

Our cakes are truly homemade. Please follow these guidelines to enjoy them at their very best:

In the fridge: Our cakes stay fresh for a week (apart from the cakes covered with cream cheese frosting which stay fresh for 5 days).

In the freezer: Freeze on day of delivery. They can be stored for up to 3 months. Allow 3 hours to defrost. They are best eaten within 5 days.

CUTTING

Round Cakes: Use a large, very sharp knife. Push point into centre of cake and use a gentle sawing action to cut.



Square Bakes – 12 Slices: They're easier to cut cold from the fridge. Pull open the corners of the foil tray so it's flat, slide a fish slice underneath and push onto a chopping board. Cut with a large sharp knife.

Loaves – cut into 10 slices: Remove from greaseproof wrapping, place loaf on a board. We suggest you cut at room temperature using a sharp knife.

DISPLAY

Most of our cakes can be stored at ambient temperature.

However we use cream cheese frosting for some of our cakes, these cakes can be displayed at ambient temperature for 4 hours only and then must be sold from a chilled display.